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# Rajiv Gandhi University of Health Sciences, Karnataka III year B.Sc. Nursing Degree Examination – OCT-2019

## **Time: Three Hours**

## Max. Marks: 75 Marks

## Mental Health Nursing (RS2, RS3 & RS4) Q.P. CODE: 1770

Your answers should be specific to the questions asked Draw neat, labeled diagrams wherever necessary. Answer All Questions

#### LONG ESSAYS

#### 2 x 10 = 20 Marks

7 x 5 = 35 Marks

- 1. a) Define therapeutic nurse patient relationship.
  - b) Explain the tasks & barriers during each phase of nurse patient relationship. (2+8)
- 2. a) Define Depression.
  - b) Explain the clinical features of Depression.
  - c) Develop a nursing care plan for a patient with Severe Depression (2+3+5)

#### SHORT ESSAYS

- 3. Explain the functions of mental health nurse in various settings.
- 4. Classify Mental Disorders according to ICD 10.
- 5. Explain the role of nurse in preparing a patient for Electro Convulsive Therapy.
- 6. Explain the clinical features and management of Obsessive Compulsive Disorder.
- 7. Explain the prevention of mental retardation.
- 8. Explain stress adaptation model.
- 9. Explain the primary prevention of mental illness.

## SHORT ANSWERS

- 10. Differentiate hallucination and illusion
- 11. Enlist the steps of Systematic desensitization.
- 12. Define therapeutic community.
- 13. List the stages of dementia.
- 14. Enlist 4 A's of Bleuler.
- 15. Mention withdrawal symptoms in alcoholic patients.
- 16. Explain dissociative fugue.
- 17. List down the characteristics of bulimia nervosa.
- 18. List down the objectives of Mental Health Act of 1987
- 19. Enlist basic rights of mentally ill.

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#### 10 x 2 = 20 Marks

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