

Rajiv Gandhi University of Health Sciences
First Year M.Sc. (Nursing) Degree Examination - OCT-2019

[Time: 3 Hours]

[Max. Marks: 80]

Mental Health (Psychiatric) Nursing
(RS3 & RS4)

Q.P. CODE: 9639

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

ANSWER THE FOLLOWING**4 X 15 = 60 Marks**

1. a. Define Behavior Therapy.
b. List the techniques of Behavior Therapy.
c. Explain any two behavior techniques you will adopt in de addiction. (2+3+10)
2. a. Define Stress.
b. Discuss the theories of Stress.
c. Explain five techniques you will adopt to relieve stress among Psychiatric patients. (2+3+10)
3. a. Classify Antipsychotics.
b. Explain the side effects of antipsychotics and nurses' responsibility. (7+8)
4. a. Differentiate between Assertive behavior and Aggressive behavior.
b. Explain the techniques that promote assertive behavior. (5+10)

SHORT NOTES (Answer any TWO)**2 X 10 = 20 Marks**

5. Explain Genetic Counseling.
6. Explain the Classification of mental illness.
7. Enumerate the Indications and Contra Indications of ECT.
8. Describe the components of mental status examination.
