



1. What is a research problem? Explain in detail about different research designs.
2. What is psychosomatic medicine? Explain its relevance in the therapeutic applications of yoga.
3. Kabat Zinn's Meditation – Technique and Therapeutic benefits.
4. Clinical implication of yoga therapy in eliciting inherent capacities.
5. Explain the role of spirituality in health and disease.
6. Explain data and its types with various examples.
7. Compare and justify the effects of Yoga Nidra and Hypnotherapy.
8. Describe the various steps involved in preparing a project proposal.
9. Explain Medical statistics.
10. Explain states of Consciousness and health.

* * * * *

www.FirstRanker.com