



# Rajiv Gandhi University of Health Sciences

**Final Year M.D. / M.S. Ayurveda Degree Examination - APRIL-2019**

Time: Three Hours

Max. Marks: 100 Marks

**PANCHAKARMA - PAPER-I**  
**PURVA KARMA – SNEHANA AND SVEDANA**  
**Q.P. CODE: 3557**

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary. Answer all questions

**LONG ESSAY**

**2 X 20 = 40 Marks**

1. Define Sneha and write in detail Sneha Dravya classification. Discuss the differences of Abhyantara and Bahya Sneha dynamics with suitable examples.
2. Write detailed classification of Ayurveda mentioned Svedakarma comparing with current sudation methods. Write advantages and disadvantages of these methods.

**SHORT ESSAY**

**6 X 10 = 60 Marks**

3. What are the indications and contraindications of snehakarma.
4. Write step by step method of Patrapinda Sveda along with its pharmacodynamics.
5. Define Abhyanga and write different strokes observed in Abhyanga.
6. What are the changes which occurs in musculoskeletal system after the Sveda Karma?
7. Explain properties of Sneha Dravya with interpretation to their actions.
8. Write the methods of safety in during Svedakarma.

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