



[Time: 3 Hours]

[Max. Marks: 100]

PANCHAKARMA
SIDDHANTA PURVAKARMA NI CHA – PAPER I
(Revised Scheme)
Q.P. CODE : 8431

Your answers should be specific to the questions asked.
Draw neat labeled diagrams wherever necessary. Answer all questions

LONG ESSAY

1 X 25 = 25 Marks

1. Describe the "Time schedule" of Panchkarma in detail and write the benefits of Shodhana.

SHORT ESSAY

2 X 12.5 = 25 Marks

2. Discuss the relevance of Panchkarma in Shad-vidha Upakrama.
3. Describe "Pizzichil" Procedure and indications in detail.

SHORT ANSWERS

10 X 5 = 50 Marks

4. Write shirodhara vidhi.
5. Avagaha sweda
6. Write the Indications of Snehana.
7. Write the symptoms of Atiswedana.
8. Explain Snehapana Matra.
9. Write the Importance of Abhyanga.
10. Kavala and Gandusha
11. Explain the indications and methods of sadya snehapana.
12. Explain the Indications and procedure of kati-Basti.
13. Discuss Swedana karma in Amavata.

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