

Rajiv Gandhi University of Health Sciences, Karnataka

M.D. / M.S. Ayurveda (PART-I) Degree Examination - APRIL-2019

Time: Three Hours

Max. Marks: 100 Marks

SWASTHAVRITTA – PAPER-II

Q.P. CODE: 3508

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part – A (50 Marks)

LONG ESSAYS

1 x 10 = 10 Marks

1. What is ahara? Explain ahara vidhivisheshayatana.

SHORT ESSAYS

5 x 5 = 25 Marks

2. Define Health and explain dimensions of health.
3. Explain hemantha ritucharya.
4. Explain technique, benefits of 'Ushtrasana' with a neat diagram.
5. What is sunbath? Write in detail about the procedure and benefits of sunbath.
6. Describe importance of ritu shodhana and ritu sandhi kaal.

SHORT ANSWERS

5 x 3 = 15 Marks

7. Write any six 'mokshopaayas explained by Charaka'
8. Definition and types of nidra.
9. Classification of food
10. Principles of naturopathy
11. What is 'Pingala naadi'? Write its importance.

Part – B (50 Marks)

LONG ESSAYS

1 x 10 = 10 Marks

12. Define disinfection and disinfectant? Explain in detail about physical and chemical disinfection.

SHORT ESSAYS

5 x 5 = 25 Marks

13. Write the composition of hard water and its disadvantages in household use and health.
14. Explain four principles of Primary Health Care.
15. Mention non-communicable diseases and their prevention.
16. Describe causative organism, clinical features and prevention of typhoid.
17. Explain 'janapadodhwamsakara bhavas'.

SHORT ANSWERS

5 x 3 = 15 Marks

18. Define incidence and prevalence in epidemiology.
19. Ergonomics
20. Write any six principles of Health education.
21. Define iatrogenic infection with example.
22. Write in brief about epidemiological triads.
