



**Rajiv Gandhi University of Health Sciences, Karnataka**  
**I Year B.Sc. Nursing (PC) Degree Examination – 25-Nov-2020**

**Time: Two Hours**

**Max. Marks: 35 Marks**

**NUTRITION AND DIETETICS**

**(RS3 & RS4)**

**Q.P. CODE: 1732**

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary.

**LONG ESSAYS (Answer any One)**

**1 x 10 = 10 Marks**

1. Mention the water-soluble vitamins and write about any one of them.
2. Explain briefly on current nutritional programmes in India.

**SHORT ESSAYS (Answer any Three)**

**3 x 5 = 15 Marks**

3. Food adulteration and its prevention
4. Vitamin K – Sources, Uses, requirements.
5. Method of food preservation
6. Explain the therapeutic diet for Gastro Intestinal disease.

**SHORT ANSWERS**

**5 x 2 = 10 Marks**

7. Nutritional anaemia
8. Dehydration
9. Grilling
10. Endemic goiter
11. BMR (Basal Metabolic Rate)

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