

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing (PC) Degree Examination – 25-Nov-2020

Time: Two Hours**Max. Marks: 35 Marks****NUTRITION AND DIETETICS****(RS3 & RS4)****Q.P. CODE: 1732**

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS (Answer any One)**1 x 10 = 10 Marks**

1. Mention the water-soluble vitamins and write about any one of them.
2. Explain briefly on current nutritional programmes in India.

SHORT ESSAYS (Answer any Three)**3 x 5 = 15 Marks**

3. Food adulteration and its prevention
4. Vitamin K – Sources, Uses, requirements.
5. Method of food preservation
6. Explain the therapeutic diet for Gastro Intestinal disease.

SHORT ANSWERS**5 x 2 = 10 Marks**

7. Nutritional anaemia
8. Dehydration
9. Grilling
10. Endemic goiter
11. BMR (Basal Metabolic Rate)
