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[LH 751] OCTOBER 2015 Sub. Code: 8151

MPT DEGREE EXAMINATION (Common to all Branches) FIRST YEAR PAPER I – APPLIED BASIC SCIENCES

Q.P. Code: 278151

Time: Three hours Maximum: 100 marks

I. Elaborate on: $(2 \times 20 = 40)$

Discuss the Basic Principles and Methods of Research Designs.

Explain about the:

- (a) Aerobic Power Training
- (c) Special Aids
- (e) Obesity and Weight Control
- (b) Anaerobic Power Training
- (d) Sport Diving
- (f) Clinical Exercise Physiology

II. Write notes on: $(10 \times 6 = 60)$

- Energy delivery of Endocrine system.
- Nutrition and Performance.
- Industrial therapy.
- Injury prevention and Ergonomics.
- 5. Biomechanical Examination of Foot.
- Knee Joint Stability.
- Group Design.
- Qualitative Research.
- Plyometrics.
- Prehension.

