

[LH 752]

OCTOBER 2015

Sub. Code: 8152

MPT DEGREE EXAMINATION
(Common to all Branches)
FIRST YEAR
PAPER II – PHYSIOTHERAPEUTICS

Q.P. Code : 278152

Time : Three hours

Maximum : 100 marks

I. Elaborate on:

(2 x 20 = 40)

1. Describe pain and explain the various physiotherapy techniques to reduce chronic pain.
2. Describe the principles of Maitland mobilization and explain the techniques for shoulder joint.

II. Write notes on:

(10 x 6 = 60)

1. Movement with mobilization to increase knee flexion.
2. Techniques of lymphatic manipulation.
3. Cryo therapy.
4. Principles of aerobic exercises.
5. Exercise and education for osteoporosis.
6. Fryette's law.
7. Trigger point release.
8. Deep transverse friction massage.
9. Upper limb tension test.
10. Iontophoresis.
