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[LI 751] APRIL 2016 Sub. Code: 8151

MPT DEGREE EXAMINATION (Common to all Branches) FIRST YEAR PAPER I – APPLIED BASIC SCIENCES

Q.P. Code: 278151

Time: Three hours Maximum: 100 Marks

I. Elaborate on: $(2 \times 20 = 40)$

Discuss the Various Methods of Collecting Data.

Ergonomic Guidelines required to plan a Work Station for a Computer Professional.

II. Write notes on: $(10 \times 6 = 60)$

- Review of Literature.
- Endurance Training.
- 3. Fat Metabolism and Energy Production.
- Mechanical Properties of Articular Cartilage and its response to injury.
- Exercise Capacity at altitude.
- Discuss the Kinematics and Kinetics during Over Head Activity.
- Factors Influencing Normal Posture.
- Effects of Weakness and Tightness of Vastus Medialis.
- Biomechanics of Normal Respiratory Movement.
- 10. Job simulation.
