



[LI 136]

APRIL 2016

Sub. Code: 8136

**MPT DEGREE EXAMINATION
SECOND YEAR
SPECIALITY PAPER II – PHYSIOTHERAPY INTERVENTIONS
BRANCH VI – PHYSIOTHERAPY IN OBSTETRICS AND GYNAECOLOGY**

Q.P. Code : 278136

Time : Three hours

Maximum : 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. Explain the importance of Aerobic exercise in Post Menopausal women. Discuss briefly on exercises and hormone replacement therapy.
2. Explain in detail stages of Labor Pain management and various coping techniques.

II. Write notes on:

(10 x 6 = 60)

1. Physiotherapy management of Lymphoedema.
2. Carpel tunnel syndrome.
3. Breech presentation.
4. Post operative complication following caesarean.
5. Diastasis rectus abdominis.
6. Pelvic floor muscle training.
7. P.T. management of Hysterectomy.
8. Code of ethics.
9. Bladder Training.
10. Patello femoral stress syndrome.
