

[LJ 125] OCTOBER 2016 Sub. Code: 8125

MPT DEGREE EXAMINATION SECOND YEAR SPECIALITY PAPER I – PHYSIOTHERAPY ASSESSMENT BRANCH V – SPORTS PHYSIOTHERAPY

Q.P. Code: 278125

Time: Three hours Maximum: 100 Marks

I. Elaborate on: $(2 \times 20 = 40)$

 Describe in detail about the physiological responses and adaptations to exercise in Musculoskeletal system.

Explain in detail the injury assessment of a cyclist who had just collapsed after a span of 30 kms of cycling under humid temperature.

II. Write notes on: (10 x 6 = 60)

- Principles and management of tendon transfer surgeries.
- 2. Isokinetic testing after Anterior Cruciate Ligament reconstruction.
- Biopsy procedures in sports assessment.
- Physiotherapy verses medical model of practice.
- Principles of evidence based physiotherapy practice in sports field.
- 6. Biomechanics of throwing,
- Pre participation meal.
- Psychosocial wellness.
- Sports fitness testing.
- Carbohydrate loading response.
