



[LJ 136]

**OCTOBER 2016**

Sub. Code: 8136

**MPT DEGREE EXAMINATION  
SECOND YEAR  
SPECIALITY PAPER II – PHYSIOTHERAPY INTERVENTIONS  
BRANCH VI – PHYSIOTHERAPY IN OBSTETRICS AND GYNAECOLOGY**

*Q.P. Code : 278136*

**Time : Three hours**

**Maximum : 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Explain in detail about the exercise to improve or maintain Bone Density for Osteoporosis in Post menopausal women.
2. Explain about features and infrastructure of Pregnancy exercise class. Add a note on benefits of exercises in Pregnancy.

**II. Write notes on:**

**(10 x 6 = 60)**

1. Round ligament pain.
2. Role of physiotherapy in lactating women.
3. Various postures to ease labour pain.
4. Coccydynia.
5. Electrotherapy for pelvic floor dysfunction.
6. Ergonomic control of musculo skeletal injuries.
7. Relaxation technique in prenatal education.
8. Management for sacroiliac joint dysfunction.
9. Hydrotherapy in women's health.
10. Changes occurring in ovary during ovulation.

\*\*\*\*\*