



[LO 136]

**MAY 2019**

Sub. Code: 8136

**MPT DEGREE EXAMINATION  
SECOND YEAR  
BRANCH VI – PHYSIOTHERAPY IN OBSTETRICS AND  
GYNAECOLOGY  
SPECIALITY PAPER II – PHYSIOTHERAPY INTERVENTIONS**

*Q.P. Code : 278136*

**Time : Three hours**

**Maximum : 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. What is Diastasis recti abdominis? Explain the Physiotherapy management for a 25 year old primiparous woman with diastasis recti abdominis of 6 centimeters width at the level of umbilicus following 3 months postpartum period.
2. Explain the structure of a pregnancy exercise class.

**II. Write notes on:**

**(10 x 6 = 60)**

1. Advanced manual therapy for the pelvic floor
2. Explain the cardiovascular changes during pregnancy.
3. Body mechanics guidelines for post cesarean patients.
4. Pre menstrual syndrome and its Physiotherapy management.
5. Role of pelvic floor muscles in the female.
6. Write the attachment of Round ligament. Explain Round ligament pain and its Physiotherapy management.
7. Postoperative Physiotherapy management for Vaginal Hysterectomy.
8. Manual lymphatic drainage.
9. Defecation retraining.
10. Prevention and treatment of Postvoid Residual Urine.

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