

[LC 135]

APRIL 2013

Sub. Code: 8135

**MASTER OF PHYSIOTHERAPY (MPT) DEGREE EXAMINATION  
SECOND YEAR**

**BRANCH V – SPORTS PHYSIOTHERAPY**

**PAPER II – PHYSIOTHERAPY INTERVENTIONS**

**(SPECIALITY – II)**

***Q.P. Code: 278135***

**Time: Three Hours**

**Maximum: 100 marks**

**Answer All questions**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Discuss the intrinsic and extrinsic strategies of injury prevention in sports.
2. Functions of the sports physiotherapist when touring with the team.

**II. Write notes on:**

**(10 x 6 = 60)**

1. Emotional responses to injury layoff.
2. Clinical significance of Q angle.
3. Protective sports equipments.
4. Fitness tests.
5. Taping in sports.
6. Design a warm up protocol for a cricket bowler.
7. Cryotherapy in sports.
8. Compression syndromes in sports.
9. Rehabilitation following meniscal injury.
10. Water running in rehabilitation of the injured athletes.

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