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[LD 136] OCTOBER 2013 Sub. Code: 8136

## MASTER OF PHYSIOTHERAPY (MPT) DEGRE EEXAMINATION SECOND YEAR

## BRANCH VI – PHYSIOTHERAPY IN OBSTETRICS AND GYNAECOLOGY PAPER II – PHYSIOTHERAPY INTERVENTIONS

(SPECIALITY - II)

Q.P. Code: 278136

Time: Three Hours Maximum: 100 marks

Answer All questions

I. Elaborate on:  $(2 \times 20 = 40)$ 

 Discuss in detail the short term and long term physiotherapy management following cesarean section. Elaborate on Ergonomic Consideration.

Discusses briefly about pelvic floor muscles, grading strengthening and its significance in relation to urinary incontinence.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Contra indication to exercise during pregnancy.
- Post natal abdominal muscle training.
- Re education of Diastesis Recti Abdomini.
- Weight gain during pregnancy.
- Normal dietary requirements during growth spurt.
- Neonatal respiratory distress syndrome.
- Post operative complications of mastectomy and its management.
- Breathing techniques used in various stages of labou
- Electrotherapy option for labour pain and postnatal problems.
- Ergonomic control of musculoskeletal injuries for women in work place.

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