



[LG 135]

APRIL 2015

Sub. Code: 8135

MASTER OF PHYSIOTHERAPY (MPT) DEGREE EXAMINATION

SECOND YEAR

BRANCH V – SPORTS PHYSIOTHERAPY

PAPER II – PHYSIOTHERAPY INTERVENTIONS

(SPECIALITY – II)

Q.P. Code: 278135

Time: Three Hours

Maximum: 100 marks

Answer All questions

I. Elaborate on:

(2 x 20 = 40)

1. Discuss in detail the training methods and various exercise strategies used in conditioning the lower extremity of a professional kabbadi player
2. Discuss the intrinsic and extrinsic strategies of injury prevention in sports.

II. Write notes on:

(10 x 6 = 60)

1. Various soft tissue manipulations in treating sports injuries.
2. Prescribing sport specific shoes.
3. Gamekeeper's thumb.
4. Complications of exercise - associated menstrual irregularities.
5. Contents of the medical bag for interstate and international travel with team.
6. Flexibility tests.
7. Taping for ankle injuries.
8. Exercise programme for patella-femoral pain syndrome.
9. Principles and goals of competition nutrition.
10. Agility training.

