



[LI 126]

**APRIL 2016**

Sub. Code: 8126

**MPT DEGREE EXAMINATION  
SECOND YEAR  
SPECIALITY PAPER I – PHYSIOTHERAPY ASSESSMENT  
BRANCH VI – PHYSIOTHERAPY IN OBSTETRICS AND GYNAECOLOGY**

*Q.P. Code : 278126*

**Time : Three hours**

**Maximum : 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Compare and contrast the abdominal muscles of a Nulliparous and Multiparous women. Elaborate in detail on Diastasis Recti, assessment tools in relation to reliability and validity and reeducation.
2. Explain in detail about the Prenatal and Post natal Postural changes. Elaborate on the Ergonomic advices regarding Musculoskeletal injuries in the work place.

**II. Write notes on:**

**(10 x 6 = 60)**

1. Post natal assessment of the Cervical and Lumbar Spine.
2. Osteoporosis.
3. Conditioning exercise.
4. Components of ICIDH-2.
5. Electrotherapy modalities used in labor pain.
6. Steps in diet management.
7. Premenstrual syndrome and physiotherapy management.
8. Element of documentation.
9. Personality and coping styles.
10. Relaxation techniques in labor pain.

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