

[KZ 823]

Sub. Code: 4883

**POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE  
EXAMINATION****First Year - Non Semester****(For candidates admitted from 2004-2005 onwards)****Paper II – NUTRITION AND DIETETICS*****Q.P. Code : 684883*****Time : Two hours****Maximum : 50 marks****Answer All questions.****I. Essay:****(1X20=20)**

1. a) List out direct methods accessing the nutritional status of an individual.
- b) What are the channels of nutrition education in the community?
- c) Name the international agencies promoting Nutrition education.

**II. Write Short Notes on :****(4X 5 = 20)**

1. Glycemic index.
2. What is meant by short bowel syndrome?
3. Vitamin A deficiency.
4. Food preservation.

**III. Short Answers Questions:****(5X 2 = 10)**

1. List four food sources of Vitamin C.
2. List four symptoms of Iron deficiency anaemia.
3. What is dark adaptation test?
4. Enumerate the methods of diet survey.
5. What are blood lipids?

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