

[LM 823]

**FEBRUARY 2018**

Sub. Code: 4883

**POST BASIC BACHELOR OF SCIENCE IN NURSING  
DEGREE EXAMINATION  
FIRST YEAR - NON SEMESTER  
PAPER II – NUTRITION AND DIETETICS**

***Q.P. Code : 684883*****Time: Two hours****Maximum: 35 Marks****I. Elaborate on:****(1 x 15 = 15)**

1. a) Define Type I Diabetes Mellitus (DM).
- b) Causes, signs and symptoms of DM.
- c) Plan a model menu for 13 year girl suffering from Type I DM.

**II. Write notes on:****(2 x 5 = 10)**

1. Discuss lactose intolerance.
2. Nutrition education.

**III. Short answers on:****(5 x 2 = 10)**

1. List out foods containing omega fatty acid.
2. Give the daily allowance of protein for 18 years old girl.
3. Write any two purine rich diet.
4. What is simple protein?
5. Give an example of antioxidant vitamin.

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