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[LM 823] **FEBRUARY 2018** Sub. Code: 4883

POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION
FIRST YEAR - NON SEMESTER
PAPER II – NUTRITION AND DIETETICS

Q.P. Code : 684883

Time: Two hours **Maximum: 35 Marks**

I. Elaborate on: **(1 x 15 = 15)**

1. a) Define Type I Diabetes Mellitus (DM).
   b) Causes, signs and symptoms of DM.
   c) Plan a model menu for 13 year girl suffering from Type I DM.

II. Write notes on: **(2 x 5 = 10)**

1. Discuss lactose intolerance.
2. Nutrition education.

III. Short answers on: **(5 x 2 = 10)**

1. List out foods containing omega fatty acid.
2. Give the daily allowance of protein for 18 years old girl.
3. Write any two purine rich diet.
4. What is simple protein?
5. Give an example of antioxidant vitamin.

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