

[LP 823]

AUGUST 2019

Sub. Code: 4883

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION****FIRST YEAR – NON SEMESTER****PAPER II – NUTRITION AND DIETETICS*****Q.P. Code: 684883*****Time: Two Hours****Maximum: 35 Marks****I. Elaborate on:****(1 x 15 = 15)**

1. a) Discuss in detail about the importance of Nutrition in Health.
- b) Define Dietetics and Explain the dietary management of Hypertension.

II. Write notes on:**(2 x 5 = 10)**

1. Mention the functions of Macronutrients.
2. Discuss on various Deficiency diseases and its Prevention methods.

III. Short answers on:**(5 x 2 = 10)**

1. Balanced diet.
2. Phrynoderma.
3. Weaning food.
4. Low cost protein rich foods.
5. Anaemia Prophylaxis Programme.
