

[LP 823]

**AUGUST 2019**

Sub. Code: 4883

**POST BASIC BACHELOR OF SCIENCE IN NURSING  
DEGREE EXAMINATION**

**FIRST YEAR – NON SEMESTER**

**PAPER II – NUTRITION AND DIETETICS**

*Q.P. Code: 684883*

**Time: Two Hours**

**Maximum: 35 Marks**

**I. Elaborate on:**

**(1 x 15 = 15)**

1. a) Discuss in detail about the importance of Nutrition in Health.
- b) Define Dietetics and Explain the dietary management of Hypertension.

**II. Write notes on:**

**(2 x 5 = 10)**

1. Mention the functions of Macronutrients.
2. Discuss on various Deficiency diseases and its Prevention methods.

**III. Short answers on:**

**(5 x 2 = 10)**

1. Balanced diet.
2. Phrynoderma.
3. Weaning food.
4. Low cost protein rich foods.
5. Anaemia Prophylaxis Programme.

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