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(1x20=20)

(4x5=20)

[LB 823]

## **AUGUST 2012** Sub. Code: 4883 FIRST YEAR P.B.B.Sc (NURSING) EXAM **Paper II – NUTRITION AND DIETETICS O.P.** Code : 684883

**Time : Two hours** Maximum : 50 marks (120 Min) Answer ALL questions in the same order.

## I. Elaborate on:

- 1. a) Discuss the methods of assessing the nutritional status of a community.
  - b) Write the importance of nutrition during old age.

## **II. Write notes on:**

- 1. Most heat methods of cooking.
- 2. Diet for peptic ulcer.
- 3. Feeding of premature infant.
- 4. Dietary modification for obesity.

## **III. Short Answers on:**

- 1. Define Diet therapy.
- 2. List four foods to be included and avoided for cardio vascular diseases.
- 3. List four supplementary foods to be given for an infant.
- 4. Substitute for non-vegetarian foods.
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(5x2=10)