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[LC823] FEBRUARY 2013 Sub. Code: 4883

POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE EXAMINATION

First Year - Non Semester

Paper II – NUTRITION AND DIETETICS

Q.P. Code : 684883

Time : Two hours **Maximum : 50 marks**

(120 Min)

I. Elaborate on: **(1x20=20)**

1. a. List the objectives of diet therapy
   b. List the predisposing factors of diabetes mellitus
   c. Explain the dietary modification for a patient suffering from diabetes mellitus
   d. Plan suitable menu for a lady clerk suffering diabetes mellitus

II. Write Notes on: **(4x5=20)**

1. Canning
2. Protein calorie malnutrition
3. Nutritional need for preschool children
4. Nutritional anemia

III. Short Answers on: **(5x2=10)**

1. Define balanced diet
2. List four signs and symptoms of vitamin A deficiency
3. List the foods to be included and avoided for nephritis
4. Energy and protein need for adolescent boy and girl
5. Objectives of school lunch program

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[LD 823] AUGUST 2013 Sub. Code: 4883

POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE EXAMINATION

First Year - Non Semester

(For candidates admitted from 2004-2005 onwards)

Paper II – NUTRITION AND DIETETICS

Q.P. Code : 684883

Time : Two hours **Maximum : 50 marks**

(120 Min)

I. Elaborate on: **(1x20=20)**

a. Define obesity and BMI.
b. Causative factors for obesity
c. Dietary modification
d. Model menu for obesity.

II. Write Notes on: **(4x5=20)**

1. Cooking
2. Atherosclerosis
3. Plan a menu for pregnant anaemic women
4. Food standard.

III. Short Answers on: **(5x2=10)**

1. Define bland diet
2. Write four names of preservatives.
3. What is hind milk and foremilk?
4. Protein sparing action
5. List any two antioxidant vitamins.

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