

February 2010

[KW 823]

Sub. Code: 4883

**B.Sc (Nursing) DEGREE EXAMINATION**

**(For Trained Nurses)**

**First Year**

**Non-Semester**

**Paper II – NUTRITION AND DIETETICS**

***Q.P. Code : 684883***

**Time : Two hours**

**Maximum : 35 marks**

**Answer All questions.**

**I. Essay:**

**(1 x 15 = 15)**

1. Discuss the principles followed in planning a diet for chronic renal failure. Give a model menu for a patient undergoing dialysis.

**II. Write Short Notes on :**

**(2 x 5 = 10)**

1. Importance of weaning in infant feeding practices.
2. Iodine deficiency disorders - Prevention.

**III. Short Answers Questions:**

**(5 x 2 = 10)**

1. List any four methods of preparation of food.
2. Name any four supplementary foods for the baby.
3. Give two examples of Full Fluid diet.
4. List two foods rich in sodium.
5. What are essential amino acids?

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