FirstRanker.com
Firstranker's choice
www.FirstRanker.com www.FirstRanker.com

[LE 823] **FEBRUARY 2014** **Sub. Code: 4883**

POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE EXAMINATION
First Year - Non Semester
Paper II – NUTRITION AND DIETETICS
Q.P. Code : 684883

Time : Two hours (120 Min) **Maximum : 35 marks**

I. Elaborate on: **(1x15=15)**

1. a) Define balanced diet
   b) Write about the principles of planning menu
   c) Plan a model menu for a pregnant woman

II. Write Notes on: **(2x5=10)**

1. Write about any two methods of preservation
2. Explain the dietary modification for an obese patient suffering from diabetes mellitus.

III. Write Short Answers on: **(5x2=10)**

1. Write any two benefits given to beneficiaries under ICDS programme.
2. Liquid supplement foods
3. Pellagra
4. What are the guides available in planning balanced diet?
5. Kempner's rice-fruit sugar diet

*****

FirstRanker.com
Firstranker's choice
www.FirstRanker.com