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[LJ 823] **AUGUST 2016** Sub. Code: 4883

POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE EXAMINATION
FIRST YEAR - NON SEMESTER
PAPER II – NUTRITION AND DIETETICS

Q.P. Code : 684883

Time: Two hours **Maximum: 35 Marks**

I. Elaborate on: **(1 x 15 = 15)**

1. a) What is Atherosclerosis?
   b) Causes of Atherosclerosis.
   c) Write the dietary management and recommended allowances of nutrients.

II. Write notes on: **(2 x 5 = 10)**

1. Integrated Child Development Services Programme (ICDS).
2. Prevention of Food adulteration Act (PFA).

III. Short answers on: **(5 x 2 = 10)**

1. Keratomalacia.
2. Aims of Mid-day meal programme.
3. Define Kilocalorie.
4. Substitutes for non-vegetarian foods.
5. Functions of Sodium.

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