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[LI 823] FEBRUARY 2016 Sub. Code: 4883

**POST BASIC BACHELOR OF SCIENCE IN NURSING**

**DEGREE EXAMINATION**

**FIRST YEAR - NON SEMESTER**

**PAPER II – NUTRITION AND DIETETICS**

***Q.P. Code : 684883***

**Time : Three Hours** **Maximum : 35 Marks**

**Answer ALL questions**

**I. Elaborate on:** **(1 x 15 = 15)**

1. a) Define Nutrition and Balanced Diet.

   b) Dietary modification for patients with Acute Renal Failure.

   c) Malnutrition – Causes, Signs and Dietary Modification.

**II. Write notes on:** **(2 x 5 = 10)**

1. National Nutrition Policy.
2. Dietary fibre.

**III. Short answers on:** **(5 x 2 = 10)**

1. List four conditions that require potassium restriction.
2. Define specific Dynamic Action.
3. Give example for supplementary foods to infants.
4. Post-operative diet.
5. Classification of protein based on quality with example.

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