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[LE 833] FEBRUARY 2014 Sub. Code: 4893 POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE EXAMINATION

Second Year – Non – Semester Paper III – MENTAL HEALTH NURSING

Q.P. Code: 684893

Time : Three hours (180 Min) Maximum: 75 marks

I. Elaborate on:

(2x15=30)

- a) Describe the characteristics of a mentally healthy person.
 - Explain the principles of psychiatric nursing.
- a) Explain the phases of nurse-patient relationship
 - b) Discuss the biological causes of Psychiatric disorders.

II. Write Notes on:

(5x5=25)

- 1. Anti-Psychotic drugs
- 2. Delirium tremens
- Management of a patient with suicidal ideations
- Legal aspects in psychiatric nursing
- Milieu therapy

III. Short Answers on:

(10x2=20)

- 1. Define Autisum
- List any four defence mechanisms
- Define therapeutic communication
- List any four indications of ECT
- 5. List four differences between mental health and mental illness.
- 6. Write any four roles of nurses in prevention of mental illness
- Mention any four purposes of counseling
- 8. Enumerate any four clinical features of alcohol dependence
- Mention any four symptoms of Lithium toxicity
- Mention the techniques of behavioural therapy.

