



[AHS 0321]

MARCH 2021

Sub. Code: 3015

(AUGUST 2020 EXAM SESSION)

B.Sc. CLINICAL NUTRITION

SECOND YEAR (Regulation 2018-2019)

PAPER V – FAMILY MEAL MANAGEMENT

Q.P. Code : 803015

Time: Three hours

Answer ALL Questions

Maximum: 100 Marks

I. Elaborate on:

(3 x 10 = 30)

1. Physiological stages of pregnancy and nutrition related complications in pregnancy.
2. Write about geriatric nutrition and nutritional problem in old age.
3. Physiology of lactation and nutrient requirement.

II. Write notes on:

(8 x 5 = 40)

1. Weaning food
2. Plan a whole day menu for pre-school child
3. Principles of planning menu.
4. Explain food groups and nutrients from each group.
5. Explain supplementary foods.
6. What do you mean by diet therapy.
7. Write a short note on balanced diet.
8. What are the nutrition related problems in adolescents.

III. Short answers on:

(10 x 3 = 30)

1. Food faddism and faulty food habits.
2. Benefits of breast feeding.
3. Write a note on school lunch programme.
4. What are factors affecting the nutrition of geriatric.
5. Toddlers nutritional requirement.
6. Write a note on formula feeds and drawbacks.
7. Write in brief about packed lunch.
8. Nutritional requirement of school going children.
9. Write a note on anemia in adolescents.
10. Factors affecting the growth of pre schooler
