

1656_2008_1_S48

Rajiv Gandhi University of Health Sciences, Karnataka

First year B.Sc. (Nursing - Basic) Degree Examination – March / April 2008

Time: Three Hours**Max. Marks: 80 Marks**

NUTRITION (Old Scheme)

Q.P. CODE: 1656

Your answers should be specific to the questions asked

Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)**2 x 10 = 20 Marks**

1. a) Define Protein
b) Explain Protein Deficiency Disorders
2. a) Define Nutrition
b) Explain the factors influencing food pattern and food habits
3. a) Classify vitamins
b) Explain vitamin B-complex deficiency disorders

SHORT ESSAYS (Answer any Eight)**8 x 5 = 40 Marks**

4. Fatty acids
5. Role of energy yielding foods in human nutrition
6. Purposes and methods of cooking
7. Vitamin D deficiency
8. Adolescent nutrition
9. Role of nurse in nutritional care
10. Role of fibre rich diet
11. Anaemia
12. Obesity
13. Diet plan for pregnant mother

SHORT ANSWERS**10 x 2 = 20 Marks**

14. Factors affecting and promoting iron absorption
15. Clear fluid diet
16. Causes of Iron deficiency anemia
17. Balanced diet
18. Define BMR
19. Advantages of breast feeding
20. Rich sources of vitamin B₁₂
21. Hyderabad mix
22. Gomez classification of malnutrition
23. What is the cause of pellagra?
