

NURSB - 1748 - NUTRITION & BIOCHEMISTRY - TP1 (SEPTEMBER-2012)_AUGUST-2012 (OCT-12).doc

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – Sep 2012

Time: 3 Hours

Max. Marks: 60 Marks

Nutrition

Q.P. Code : 1748

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary
(Note : Both QP Codes 1748 and 1749 are to be answered within total duration of 3 hours)

LONG ESSAYS (Any Two)

2 x 10 = 20 Marks

1. List the principles of Food preservation. Explain any five methods of Food preservation
2. Define balanced diet. Discuss in detail the steps involved in planning a menu
3. Give the classification, functions, sources and requirement of proteins

SHORT ESSAYS (Any Five)

5 x 5 = 25 Marks

4. Sources and functions of vitamin C
5. National iodine deficiency disorder programme
6. Storage of food
7. List any five foods with their medicinal properties
8. Food adulteration with examples
9. Deficiency, causes and prevention of iron deficiency anemia
10. Pressure cooking

SHORT ANSWERS

5 x 3 = 15 Marks

11. Food additives
12. Dietary sources of vitamin K
13. Define nutrition
14. Define poaching and give its advantages
15. Food exchange list
