

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – APRIL 2017

Time: 3 Hours

Max. Marks: 60 Marks

Nutrition **Q.P. Code : 1748**

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary
(Note : Both QP Codes 1748 and 1749 are to be answered within total duration of 3 hours)

LONG ESSAYS (Any Two)

2 x 10 = 20 Marks

1. Define malnutrition. Explain the management of protein energy malnutrition.
2. Classify proteins. Explain the functions, sources and deficiencies of proteins.
3. Define balanced diet. Explain the menu planning for a pregnant woman.

SHORT ESSAYS (Any Five)

5 x 5 = 25 Marks

4. National nutritional policy
5. Importance of breast feeding
6. Methods of cooking
7. Factors affecting nutrition
8. Milk hygiene
9. Fluid electrolyte imbalance
10. Vit A deficiencies

SHORT ANSWERS

5 x 3 = 15 Marks

11. Scurvy
12. Sources of calcium
13. Food fortification
14. ICDS
15. Diet for the elderly
