

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – SEP-2017

Time: 3 Hours

Max. Marks: 60 Marks

Nutrition **Q.P. Code : 1748**

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary
(Note : Both QP Codes 1748 and 1749 are to be answered within total duration of 3 hours)

LONG ESSAYS (Any Two)

2 x 10 = 20 Marks

1. Describe the Functions, Classification, Sources and recommended daily allowances of fat.
2. What is a balanced diet? Bring out the importance of balanced diet during pregnancy.
3. Discuss the points to be considered in safe food handling.

SHORT ESSAYS (Any Five)

5 x 5 = 25 Marks

4. ICDS
5. Methods used in nutrition education
6. Points to be remembered while introducing weaning foods
7. Methods of cooking
8. Role of nutrition in maintaining health
9. Functions and deficiencies of proteins
10. Iodine deficiency disorder programme

SHORT ANSWERS

5 x 3 = 15 Marks

11. Functions of carbohydrates
12. Energy nutrients
13. Food Adulteration
14. Rickets
15. Sources of calcium
