

NURSB - 1656 - NUTRITION - NUTTP (SEPT_OCT- 06)_SEPT_OCT- 06 (OCT-06).doc

Rajiv Gandhi University of Health Sciences, Karnataka**First Year B.Sc. Nursing [Basic] Degree Examination**

Time: Three Hours

Max Marks: 80 Marks

NUTRITION
(Old Scheme)
QP Code: 1656

Your answers should be specific to the Questions asked.
Draw neat labeled diagrams whenever necessary.

LONG ESSAYS: (Any Two)**2 X 10 = 20 MARKS**

1.
 - a. Discuss the nutritional needs of an adolescent Boy.
 - b. Plan a balanced diet for him.
2.
 - a. List the causes of malnutrition.
 - b. Explain the prevention of protein deficiency disorders.
3.
 - a. Explain the functions of calcium.
 - b. Discuss the factors influencing calcium absorption.

SHORT ESSAYS: (Any Eight)**8 X 5 = 40 MARKS**

4. Functions and sources of Riboflavin.
5. Food groups.
6. Effect of cooking on protein, fat and carbohydrate.
7. Iron deficiency anemia.
8. Metabolism of fat.
9. Classification of food.
10. Basal metabolism.
11. Iodine deficiency disorders.
12. Nutritional care.
13. Digestion and absorption of carbohydrate.

SHORT ANSWERS:**10 X 2 = 20 MARKS**

14. Rickets.
15. Body building food.
16. RDA.
17. Scurvy.
18. Two functions of Pyridoxine.
19. Four sources of calcium.
20. Four factors affecting energy requirement.
21. Two properties of fat.
22. Four rich sources of Niacin.
23. Daily calorie and protein requirement of an infant.

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