

NURSB - 1755 - NUTRITION & BIOCHEMISTRY - TP1 (AUGUST-2010)_AUGUST-10 (OCT-10).doc

Rajiv Gandhi University of Health Sciences, Karnataka

First year B.Sc. Nursing Degree Examination - August 2010

Time: Three Hours Max. Marks: 75 Marks

NUTRITION & BIOCHEMISTRY (RS - 3)

O.P. CODE: 1755 & 1756

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary Use separate answer books for section A and section B

Q.P. Code: 1755 - Section A - NUTRITION (45 Marks)

LONG ESSAYS (Answer any One)

 $1 \times 10 = 10 \text{ Marks}$

- Define Protein Energy malnutrition. Differentiate between the signs and symptoms of kwashiorkor and marasmus. Discuss management of PEM.
- 2. List out the national and international agencies working towards improving food and nutrition of population and their role in preventing malnutrition.

SHORT ESSAYS (Answer any Five)

 $5 \times 5 = 25 \text{ Marks}$

- 3. ICDS.
- 4. Functions of protein.
- 5. PFA.
- 6. Balanced diet for elderly.
- 7. RDA for sedentary person in pregnancy.
- 8. Types and manifestations of Beriberi.

Rauker com **SHORT ANSWERS** $5 \times 2 = 10 \text{ Marks}$

- 9. BMR.
- 10. Hyderabad Mix composition.
- 11. Oral rehydration therapy.
- 12. Functions of Vitamin A.
- 13. Dietary sources of calcium.

Q.P. Code: 1756 - Section B - BIOCHEMISTRY (30Marks)

Use separate answer book

LONG ESSAYS (Answer any One)

 $1 \times 10 = 10 \text{ Marks}$

- Explain the sources, RDA, biochemical functions and deficiency disease associated with Vitamin C.
- 2. Explain the factors regulating Blood Glucose level in the human body.

SHORT ESSAYS (Answer any Two)

 $2 \times 5 = 10 \text{ Marks}$

- 3. Homopolysaccharides.
- 4. Discuss Enzyme Inhibition.
- 5. Functions of Plasma Proteins.

SHORT ANSWERS $5 \times 2 = 10 \text{ Marks}$

- 6. Mention the normal pH of blood and name the Buffers of blood.
- 7.
- 8. Antioxidants.
- 9. Mention the normal plasma levels of the following parameters:
 - a) Calcium level.
 - b) Urea level.
- 10. Transamination.
