

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – APRIL 2015

Time: 3 Hours

Max. Marks: 45 Marks

Nutrition

Q.P. Code : 1755

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary
(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. Define cooking, List the principles of cooking and explain the methods of cooking. Write the effect of heat on food nutrients.
2. a) Classify Protein
b) Write about deficiency of protein with preventive measures.

SHORT ESSAYS (Answer any Five)

5 x 5 = 25 Marks

3. Iodine deficiency disorder control programme.
4. CFTRI
5. PFA
6. Diet in pregnancy
7. Food hygiene
8. Weaning

SHORT ANSWERS

5 x 2 = 10 Marks

9. Pellagra
10. Steaming
11. Obesity
12. Hyperkalemia
13. BMR
