

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – APRIL-2018

Time: 3 Hours

Max. Marks: 45 Marks

Nutrition

Q.P. Code : 1755

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary
(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. Define proteins. Explain the digestion, absorption, metabolism & storage of proteins.
2. a. Define cooking. Explain the methods of cooking.
b. Safe methods of handling food

SHORT ESSAYS (Answer any Five)

5 x 5 = 25 Marks

3. Goals of National nutritional policy
4. Functions of carbohydrates
5. Balanced diet for a toddler
6. Factors affecting Nutrition
7. Water balance in the body
8. Riboflavin

SHORT ANSWERS

5 x 2 = 10 Marks

9. Body mass Index (BMI)
10. Thiamine
11. Exclusive breast feeding
12. Food additives
13. Sources of Iron
