

# Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – Aug 2013

**Time: 3 Hours**

**Max. Marks: 45 Marks**

## **Nutrition**

**Q.P. Code : 1755**

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary  
**(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)**

### **LONG ESSAYS (Answer any One)**

**1 x 10 = 10 Marks**

1. a) Define Nutrition.  
b) Role of nutrition in maintaining health  
c) Factors affecting food and nutrition
2. a) Explain the nutritional problems in India  
b) Discuss the nutritional programmes in detail.

### **SHORT ESSAYS (Answer any Five)**

**5 x 5 = 25 Marks**

3. Food standards
4. Functions, sources and classification of lipids
5. Diet in Pregnancy
6. Weaning
7. NIN
8. Principles and methods of cooking

### **SHORT ANSWERS**

**5 x 2 = 10 Marks**

9. Rickets
10. Food preservation
11. BMR
12. Oral rehydration therapy
13. Scurvy

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