

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – 08-Feb-2021

Time: Three Hours**Max. Marks: 45 Marks**

NUTRITION **(RS3, RS4 & RS5)** **Q.P. Code: 1755**

Your answers should be specific to the questions asked.

Draw neat labeled diagrams wherever necessary. Answer all questions

(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)

LONG ESSAYS

1 x 10 = 10 Marks

1. Define therapeutic diet. Plan a therapeutic diet for cardiovascular disease.

SHORT ESSAYS

5 x 5 = 25 Marks

2. Mention the function and deficiency of Phosphorus.
3. List the functions of proteins. What is the daily requirement of protein for an adult?
4. Explain the role of nurse in ICDS programme.
5. Explain the concept of safe food handling.
6. Define food standards and explain various food standards.

SHORT ANSWERS

5 x 2 = 10 Marks

7. List any four factors effecting Food and Nutrition.
8. List the common signs and symptoms of anemia.
9. What is hyperkalemia?
10. Define interstitial fluid.
11. Expand BMI. Give the formula to calculate BMI.
