

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – 02-Feb-2022

Time: Three Hours**Max. Marks: 45 Marks**

NUTRITION **(RS2, RS3, RS4 & RS5)** **Q.P. Code: 1755**

Your answers should be specific to the questions asked.

Draw neat labeled diagrams wherever necessary. Answer all questions

(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)

LONG ESSAYS

1 x 10 = 10 Marks

1. Describe personal hygiene of food handlers. Explain the signs of good meat hygiene and the hygiene of slaughter houses.

SHORT ESSAYS

5 x 5 = 25 Marks

2. What is the calorific value of carbohydrate? List the key differences between Kwashiorkor and Marasmus.
3. Mention the role of nutrition in maintaining health.
4. Define weaning and explain the principles of weaning.
5. Explain in detail the methods of imparting nutrition education.
6. What is the requirement and functions of Iron?

SHORT ANSWERS

5 x 2 = 10 Marks

7. How are foods classified?
8. What are the functions of vitamin A?
9. What are the rich sources of thiamine?
10. What is the energy requirement for a pregnant woman?
11. Define extracellular fluid.
