

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – 22-Feb-2023

Time: Three Hours**Max. Marks: 45 Marks**

NUTRITION (RS3, RS4 & RS5) Q.P. Code: 1755

Your answers should be specific to the questions asked.

Draw neat labeled diagrams wherever necessary. Answer all questions

(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)

LONG ESSAYS

1 x 10 = 10 Marks

1. Discuss the principles and points to be considered while planning balanced diet.

SHORT ESSAYS

5 x 5 = 25 Marks

2. Explain the nutritional problems of India.
3. What is the calorific value, daily requirement and sources of lipids.
4. Mention the sources and deficiency of Minerals.
5. Explain safe Food Handling.
6. List various agencies working towards food and nutrition.

SHORT ANSWERS

5 x 2 = 10 Marks

7. What are the clinical features of Marasmus.
8. What are first class/ complete proteins?
9. List any four factors that affect BMR.
10. What are Carotenes?
11. Define dehydration.
