

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – 08-Jan-2024

Time: Three Hours**Max. Marks: 45 Marks**

NUTRITION **(RS-2, RS-3, RS-4 & RS-5)** **Q.P. Code: 1755**

Your answers should be specific to the questions asked.

Draw neat labeled diagrams wherever necessary. Answer all questions

(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)

LONG ESSAYS

1 x 10 = 10 Marks

1. What is Therapeutic diet? Plan a menu for a diabetic person.

SHORT ESSAYS

5 x 5 = 25 Marks

2. Explain the methods of storage of foods.
3. Define lipids. Explain the classification of lipids.
4. Explain in detail the methods of imparting nutrition education.
5. Explain the functions and sources of Iron.
6. Explain the National nutritional policy.

SHORT ANSWERS

5 x 2 = 10 Marks

7. What is Kwashiorkor?
8. What are the deficiency symptoms of vitamin C?
9. Define BMI.
10. What are the types of electrolytes?
11. What are fat soluble vitamins?
