

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – 26-Jul-2021

Time: Three Hours**Max. Marks: 45 Marks**

NUTRITION **(RS3, RS4 & RS5)** **Q.P. Code: 1755**

Your answers should be specific to the questions asked.

Draw neat labeled diagrams wherever necessary. Answer all questions

(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)

LONG ESSAYS

1 x 10 = 10 Marks

1. Define food hygiene and discuss various methods of food storage.

SHORT ESSAYS

5 x 5 = 25 Marks

2. Describe the role of food and its medicinal value.
3. Write a note on excessive intake and deficiency of fats.
4. Mention the functions and deficiency of phosphorus.
5. List the purpose of cooking.
6. Explain Vitamin 'A' prophylaxis program.

SHORT ANSWERS

5 x 2 = 10 Marks

7. What are amino acids?
8. List any four sources of carbohydrates.
9. Define energy.
10. Mention the causes of Osteomalacia.
11. Define ORT.
