

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – 20-Jun-2023

Time: Three Hours**Max. Marks: 45 Marks**

NUTRITION **(RS3, RS4 & RS5)** **Q.P. Code: 1755**

Your answers should be specific to the questions asked.

Draw neat labeled diagrams wherever necessary. Answer all questions

(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)

LONG ESSAYS

1 x 10 = 10 Marks

1. Explain nutritional requirements in old age and plan a menu for a 65 year old healthy older adult.

SHORT ESSAYS

5 x 5 = 25 Marks

2. Describe the role of nutrition in maintaining the health
3. Explain the metabolism of carbohydrates.
4. Mention the function of Zinc.
5. Explain food preservation.
6. Explain the methods of effective nutrition education

SHORT ANSWERS

5 x 2 = 10 Marks

7. What is calorific value of lipids?
8. Define Kwashiorkor.
9. What is significance of BMR?
10. Define Pernicious Anemia.
11. What is the daily requirement of water?
