

# Rajiv Gandhi University of Health Sciences, Karnataka

## I Year B.Sc. Nursing Degree Examination – 25-Jun-2024

**Time: Three Hours****Max. Marks: 45 Marks**

### **NUTRITION** **(RS-2, RS-3, RS-4 & RS-5)** **Q.P. Code: 1755**

Your answers should be specific to the questions asked.

Draw neat labeled diagrams wherever necessary. Answer all questions

**(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)**

#### **LONG ESSAYS**

**1 x 10 = 10 Marks**

1. Define Therapeutic diet plan a menu for a 30 year old man diagnosed with Diabetes Mellitus.

#### **SHORT ESSAYS**

**5 x 5 = 25 Marks**

2. Explain the National Nutritional Policy.
3. Explain the digestion, absorption and metabolism of proteins.
4. Mention the functions of Iron.
5. Mention the various food storage methods.
6. What are the various ways to assess nutritional status?

#### **SHORT ANSWERS**

**5 x 2 = 10 Marks**

7. Define Emulsification.
8. List the sources of Carbohydrates.
9. What is the measurement of Energy?
10. Define Night Blindness.
11. What is Electrolyte Imbalance?

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