

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – May 2016

Time: 3 Hours

Max. Marks: 45 Marks

Nutrition

Q.P. Code: 1755

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary

(Note: Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. a) List the major nutritional problems in India. (4+6)
b) Discuss the national nutrition policy.
2. a) Explain nutritional assessment. (5+5)
b) Discuss the role of the nurse in assessment and nutrition education.

SHORT ESSAYS (Answer any Five)

5 x 5 = 25 Marks

3. Explain the classification of proteins.
4. Explain the Food Standards.
5. Discuss the dietary modifications in elderly.
6. Briefly explain the functions, dietary sources, daily requirements and deficiency of calcium.
7. List the functions of vitamin D and explain the deficiency in children and in adults.
8. Household methods of food preservation

SHORT ANSWERS

5 x 2 = 10 Marks

9. Steaming
10. Balanced diet
11. Oral Rehydration Therapy
12. Role of dietary fibre in prevention and treatment of disease
13. Hypervitaminosis
