

Rajiv Gandhi University of Health Sciences, Karnataka
I Year B.Sc. Nursing Degree Examination – 18-May-2022

Time: Three Hours

Max. Marks: 45 Marks

NUTRITION
(RS2, RS3, RS4 & RS5)
Q.P. Code: 1755

Your answers should be specific to the questions asked.

Draw neat labeled diagrams wherever necessary. Answer all questions

(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)

LONG ESSAYS

1 x 10 = 10 Marks

1. Explain the various methods of cooking and its effect on nutrients.

SHORT ESSAYS

5 x 5 = 25 Marks

2. Explain the classification of foods.
3. Explain in detail digestion and absorption of carbohydrates.
4. What are the sources and functions of calcium?
5. List the different house hold methods for preservation of food. Explain any one.
6. Explain mid-day meal programme.

SHORT ANSWERS

5 x 2 = 10 Marks

7. Define marasmus.
8. What are Refined oils?
9. Define Beri-Beri.
10. What is Cheilosis?
11. What is electrolyte imbalance?
