

# Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – SEPTEMBER 2015

**Time: 3 Hours**

**Max. Marks: 45 Marks**

## **Nutrition**

### **Q.P. Code : 1755**

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary  
**(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)**

#### **LONG ESSAYS (Answer any One)**

**1 x 10 = 10 Marks**

1. Discuss the steps involved in planning diet for lactating mother and prepare menu plan.
2. a) Classify Carbohydrate  
b) Write about digestion, absorption, and metabolism of carbohydrate.

#### **SHORT ESSAYS (Answer any Five)**

**5 x 5 = 25 Marks**

3. Role of nurse in nutrition education
4. Functions, sources and classification of protein
5. Fluid diet
6. Mid day meal
7. Foods standards
8. Weaning

#### **SHORT ANSWERS**

**5 x 2 = 10 Marks**

9. Complementary feeding
10. Grilling
11. Macronutrients
12. Food Adulteration
13. FAO

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