

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – SEP-2016

Time: 3 Hours

Max. Marks: 45 Marks

Nutrition

Q.P. Code : 1755

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary
(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. Write about the nutritional problems in India with preventive measures.
2. Classify minerals. Discuss about the functions, absorption and metabolism of calcium.

SHORT ESSAYS (Answer any Five)

5 x 5 = 25 Marks

3. Food standards
4. Functions of carbohydrates
5. Factors affecting the basal metabolic rate
6. Functions of minerals
7. Explain how the body maintains electrolyte balance.
8. Write the role of nurse in the nutrition education.

SHORT ANSWERS

5 x 2 = 10 Marks

9. Write about the medicinal value of ginger and garlic.
10. Expand CFTRI & NIN.
11. Define poaching. Bring out the advantages of it.
12. Give 4 good sources of proteins.
13. Dehydration
