

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – 02-Sep-2020

Time: Three Hours**Max. Marks: 45 Marks**

NUTRITION **(RS2, RS3 & RS4)** **Q.P. Code: 1755**

Your answers should be specific to the questions asked.

Draw neat labeled diagrams wherever necessary. Answer all questions

(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)

LONG ESSAYS

1 x 10 = 10 Marks

1. What is menu planning? Explain the steps involved in planning a menu.

SHORT ESSAYS

5 x 5 = 25 Marks

2. What is the calorific value of carbohydrate? List the key differences between Kwashiorkor and Marasmus.
3. Explain the role of food and its medicinal value.
4. Mention the function and deficiency of Phosphorus.
5. What are the various ways to assess the nutritional status?
6. Define therapeutic diet. Plan a therapeutic diet for cardiovascular disease.

SHORT ANSWERS

5 x 2 = 10 Marks

7. What are amino acids?
8. What is rancidity of fat?
9. What are causes of anemia?
10. List the composition of body fluids.
11. Define calorie.
